

Year 5: PSHE Medium Term Plan

<p>Autumn</p>	<p>Being me in my world My year ahead Responsibilities Our learning charter</p>	<p>Celebrating differences Different cultures Racism Does money matter? Discrimination, equality, teasing and bullying</p>
<p>Spring</p>	<p>Dreams and goals When I grow up Investigate jobs and careers Why I want it and the steps to get there Actions and consequences</p>	<p>Healthy me Emergency aid Body image My relationship with food Benefits of a balanced diet</p>
<p>Summer</p>	<p>Relationships Recognising me Online gaming My relationship with technology: screen time Managing personal safety and online safety</p>	<p>Changing me</p>