



YOUR MENU @

**ST JAMES'
JUNIOR SCHOOL**

----- Autumn - Winter 2023/24 -----

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Sweet Chilli Meatballs with Pasta	Fish Biryani	Roast Chicken & Stuffing served with Roast Potatoes	Shepherd's Pie	Fish Fingers with Chips
Vegetarian Choice	Vegetarian Pasta & Mixed Bean Bake PB	Vegetarian Lasagne served with Garlic Bread V	Cheese & Leek Flan served with Roast Potatoes ND V	Vegetable & Lentil Curry served with Rice PB	Veggie Dippers with Chips PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yoghurt with Fruit	ND Banana Slice SS (egg free)	Cinnamon Rice Pudding SS	Apple Crumble with Custard SS	Fruit & Jelly with Ice Cream

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 1

30 OCT, 20 NOV, 11 DEC, 1 JAN, 22 JAN, 19 FEB, 11 MAR

MEAT SERVED AT THIS SCHOOL IS HALAL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart
ND - New Dish FGR - In association with Forest Green Rovers

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YOUR MENU @

**ST JAMES'
PRIMARY SCHOOL**

----- Autumn - Winter 2023/24 -----

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Chicken Sausages with Mashed Potatoes	Lamb or Chicken* & Vegetable Jollof Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Greek Style Souvlaki Chicken with Rice	Fish Fingers with Jacket Wedges
Vegetarian Choice	Thai Style Veggie Rice Bowl PB	Sweet Potato Macaroni Cheese V	Spinach & Feta Whirl served with Roast Potatoes V	Ratatouille Ravioli PB	Vegetarian Burrito Jacket Wedges V
Vegetable Selection	Sweetcorn Fresh Broccoli	Fresh Carrots Green Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Raspberry Ice Cream Sponge Roll	ND Fruit Pudding & Custard (egg free) SS	Pineapple Cheesecake SS	Lemon & Courgette Cake with Custard SS	Waffles with Fruit & Ice Cream

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 2

6 NOV, 27 NOV, 18 DEC, 8 JAN, 29 JAN, 26 FEB, 18 MAR

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----- Autumn - Winter 2023/24 -----

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Lamb or Chicken* Burger in a Bun with Salad & Jacket Wedges	Spaghetti Bolognese with Garlic Bread	Roast Chicken served with Yorkshire Pudding & Roast Potatoes	Chicken & Vegetable Pie with Mashed Potatoes	Fish Fingers served with Baked Jacket Wedges
Vegetarian Choice	Veggie Keema served with Raita & Naan Bread V	Jacket Potato with Cheese & Beans V	Sweet Pepper & Feta Frittata with Roast Potatoes V	Veggie & Lentil Pasta Bake PB	Quorn Pattie Muffin with Baked Jacket Wedges V
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yoghurt with Fruit	ND Carrot Cake SS (egg free)	Fruit Smoothie	Chocolate Sponge & Chocolate Custard SS	Strawberry Mousse with Fresh Fruit

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 3

13 NOV 4 DEC 15 JAN 5 FEB 4 MAR 25 MAR

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