

# WEEK 1 WEEK 2 WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Burger in a Bun with Spicy Wedges	Lamb & Vegetable Tikka Masala with Basmati Rice	Roast Turkey, Stuffing, Gravy & Roast Potatoes	Chicken & Sweetcorn Pasta Bake	Lamb Keema with Naan Bread
Fisherman's Pie	Fish & Vegetable Risotto	Breaded Fish with Lemon & Roast Potatoes	Tuna Baguette	Fish Fingers with Chips
Chick Pea & Potato Curry with Peshwari Bread	Vegetarian Lasagne	Cheese & Leek Quiche with Roast Potatoes	Cheese & Tomato Pizza	Quorn Chilli Dog with Chips
Mini Corn on the Cob	Fresh Cauliflower	Organic Carrots	Sweetcorn	Garden Peas
Mixed Vegetables	Garden Peas	Cabbage	Fresh Broccoli	Baked Beans
Apple & Raisin Crumble with Custard	Apricot Flapjack	Rice Pudding with Peaches	Orange & Lemon Cheesecake	Fruit, Jelly & Ice Cream

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baked Sausages with Mashed Potatoes	Spaghetti Bolognese	Roast Lamb, Yorkshire Pudding & Roast Potatoes	Chicken & Vegetable Jolloff Rice	Minced Lamb & Vegetable Pie with Jacket Wedges
Jacket Potato with Tuna & Sweetcorn	Cod Fillet in Cheese Sauce with New Potatoes	Tuna & Sweetcorn Pizza	Fish Fingers in a Bun with Salad	Breaded Fish with Jacket Wedges
Wholemeal Winter Crumble with Mashed Potatoes	Veggie Quesadilla	Quorn & Sweet Potato Curry with Rice	Roast Vegetable Pasta Bake	Vegetable & Lentil Curry with Rice
Fresh Cauliflower	Broccoli	Organic Carrots	Mini Corn on the Cob	Garden Peas
Mixed Vegetables	Sweetcorn	Garden Peas	Mixed Peppers	Baked Beans
Chocolate & Mandarin Mousse	Peach Melba Sponge with Custard	Tropical Fruit Slice	Plum Crumble with Custard	Fresh Fruit Salad & Ice Cream

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti & Meatballs in Marinara Sauce	Shepherd's Pie	Roast Chicken, Yorkshire Pudding, Gravy with Roast Potatoes	Lasagne	Jerk Chicken with Rice & Peas
Tuna Pasta Bake	Fisherman's Potato Bake	Lemon & Herb Crunchy Crusted Cod with Roast Potatoes	Fish in Creamy Coconut Curry with Rice	Fish Fillet in Batter with Chips
Spanish Omelette with Baguette Slice	Vegetable Samosa with Rice, Dhal & Raita	Quorn Sausage 'Toad in the Hole' with Roast Potatoes	Veggie Burger in Wholemeal Bun with Salad	Vegetarian Chilli with Chips
Garden Peas	Sweetcorn	Organic Carrots	Country Vegetables	Baked Beans
Roasted Vegetables	Green Beans	Cauliflower	Garden Peas	Caribbean 'Slaw
Peaches & Custard	Chocolate & Orange Sponge with Chocolate Sauce	Scotch Pancakes with Fruit & Ice Cream	Lemon & Banana Slice with Custard	Fruit Trifle

All meat served at this school is Halal. All items are subject to availability.

## MENU DATES FOR ST.JAMES' JUNIOR SCHOOL

WEEK 1  
WEEK 2  
WEEK 3

OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019
M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F
1 2 3 4 5	1 2		1 2 3 4	1	1
8 9 10 11 12	5 6 7 8 9	3 4 5 6 7	7 8 9 10 11	4 5 6 7 8	4 5 6 7 8
15 16 17 18 19	12 13 14 15 16	10 11 12 13 14	14 15 16 17 18	11 12 13 14 15	11 12 13 14 15
22 23 24 25 26	19 20 21 22 23	17 18 19 20 21 22	21 22 23 24 25	18 19 20 21 22	18 19 20 21 22
29 30 31	26 27 28 29 30	24 25 26 27 28	28 29 30 31	25 26 27 28	25 26 27 28 29
		31			1 2 3 4 5

**Additional Daily Food Options**

- Freshly Baked Additional Hovis Bread
- Salad Bar
- Fresh Fruit
- Yoghurt
- Cheese & Biscuits